

Gwynedd Mercy, LaSalle and Mount

Topics & Taglines

Parent-Child Relationship and Communication

- Two sided discussions
- Treated as equals
- Trust
 - o Mutual respect
 - o Don't take advantage
- No judgment
- Open-mind
- Listening
- Discussion is an everyday habit
 - o Not only about problems
- Consideration
- Understanding

Courage to make the right decision

Courage when you don't

- Standing by your morals
- Courage to say NO when others are saying Yes
 - a. Indirect peer pressure
- not caring what other people think
- admitting that you are wrong & take responsibility when you make a bad decision

Stress & Perfection

- Parents putting pressure on Kids
- Perfectionism in school
- Financial Stress
 - a. kids personal finances
 - b. family finances

- Comparing yourself to peers
 - a. body image
 - b. sports
 - c. academics

- Comparing yourself to siblings
 - a. pressure from parents

- Courage to make the right decision
- Courage when you don't
- Standing by your morals
- Courage to say NO when others are saying Yes
 - b. Indirect peer pressure

- not caring what other people think
- admitting that you are wrong & take responsibility when you make a bad decision

Gwynedd Mercy, LaSalle and Mount

Topics & Taglines

Modern Technology

- cyber bullying
- cowards
 - a. use internet as a mask
- anything posted on the internet may have consequences (facebook)
 - a. colleges
 - b. jobs
- safety – texting while driving
- Exclusion / loneliness
- blackmail / miscommunication
- fraud / theft

-Courage to make the right decision

Courage when you don't

- Standing by your morals
- Courage to say NO when others are saying Yes
 - c. Indirect peer pressure
- not caring what other people think
- admitting that you are wrong & take responsibility when you make a bad decision

Sex and Pressure

- Relationships
- Female/Male Pressure (media)
- Talking to parents (before/after)
- Date-rape
- What is sex? (definition...teenager/adult)
- Homosexuality/Bisexuality
- Sexting (what it is/why)
- “hooking up”/kissing (loosely applied)
- Influence of drugs/alcohol

Courage to make the right decision

Courage when you don't

- Standing by your morals
- Courage to say NO when others are saying Yes
 - d. Indirect peer pressure
- not caring what other people think
- admitting that you are wrong & take responsibility when you make a bad decision

Gwynedd Mercy, LaSalle and Mount

Topics & Taglines

Drugs and Alcohol

- Open/honesty
 - o Communication
- Teenagers fitting in
- Priorities
 - o Dependency
 - o Teenagers fitting in
 - o Letting drugs and alcohol take priority over your life
- Teen drinking vs. adult
- Abuse vs. social
- Why drinking age is 21
- Sex/pressure (social)
- Affects drugs can have
 - o Relationships with friends and family
 - o Your future
- Kids thinking they are immune to consequences
 - o Drinking and driving

Courage to make the right decision

Courage when you don't

- Standing by your morals
- Courage to say NO when others are saying Yes
 - e. Indirect peer pressure
- not caring what other people think
- admitting that you are wrong & take responsibility when you make a bad decision